

## Advocacy Services in Cardiff

Option 1

### Older People

#### Age Cymru HOPE project

Support for older people (50+) and carers

**029 2043 1555**

**[advocacy@agecymru.org.uk](mailto:advocacy@agecymru.org.uk)**

#### Age Connects Cardiff and the Vale

Residential Care Advocacy,  
Community Advocacy and  
Hospital Advocacy

**029 2068 3683**

### Mental Health

#### Advocacy Support Cymru

Supporting for individuals in receipt of Secondary Mental Health Services

**02920 540444**

**[info@ascymru.org.uk](mailto:info@ascymru.org.uk)**

**[ascymru.org.uk](mailto:ascymru.org.uk)**

### Self advocacy

#### Cardiff People First

Supporting individuals to represent and speak up for themselves.

**029 2023 1555**

### Learning Disability and/or Autism

#### Advocacy Matters (Wales)

**02920 233733**

#### Advocacy Support Cymru

**02920 540444**

**[info@ascymru.org.uk](mailto:info@ascymru.org.uk)**

**[ascymru.org.uk](mailto:ascymru.org.uk)**

Support for individuals with a learning disability and/or Autism

### Children, Young People Parental Advocacy

#### NYAS

Independent professional advocacy for any child or young person under 25.

**0808 808 1001**

**[help@nyas.net](mailto:help@nyas.net)**

Independent professional advocacy for parents who have child/children under 18 years in the child protection arena.

**0808 808 1001**

### Other

#### Spot Purchasing:

#### Dewis CIL

Physical Disabilities

In addition to the services above, the MCA, MHA and SSWB Acts set out statutory rights to advocacy. If they apply, you may also choose from the services below.

Option 2

### IMHA

Are they sectioned under the mental health act, under guardianship or subject to a community treatment order or in hospital informally receiving treatment for their mental health?

If so, they have a legal right to an **IMHA (Independent Mental Health Advocate)**

**ASC Advocacy Support Cymru**

**029 2054 0444**

**[info@ascymru.org.uk](mailto:info@ascymru.org.uk)**

### IMCA

Do they lack capacity and have no appropriate family / friends to consult?

If not, are they facing serious medical treatment, a safeguarding concern or DoLS? Or does their RPR need support in their role?

If so, they have a legal right to an **IMCA (Independent Mental Capacity Advocate)**

**ASC Advocacy Support Cymru**

**029 2054 0444**

**[info@ascymru.org.uk](mailto:info@ascymru.org.uk)**

### IPA

Do they have social care needs?

If so, do they want support with care and support planning, assessment, review, or safeguarding?

If so they have a statutory right to an **IPA. (Independent Professional Advocate)**

**Single point of contact for referrals:**

**Cardiff and Vale Advocacy Gateway**

Referring to Age Connect Cardiff and Vale and Advocacy Matters (Wales)

**0808 8010577**

### RPR

Are they subject to a DoLS?

If they do not have someone to represent them, they have a statutory right to an **RPR** Relevant Person's Representative.

**Training in Mind**

**01495 768844**

**[advocacy@traininginmind.co.uk](mailto:advocacy@traininginmind.co.uk)**

### Cardiff and The Vale Liaisons

Support for people who have a concern about any NHS or Social Care treatment they have received whether in the community or a hospital setting.

**02920 750112 [cardiffandvaleenquiries@llaascymru.org](mailto:cardiffandvaleenquiries@llaascymru.org)**