Option 2

Age Cymru HOPE project

Support for older people (50+) and carers 029 2043 1555 advocacy@agecymru.org.uk

Dementia

Age Cymru Dementia Advocacy

Support for anyone with dementia, whether they have capacity or can communicate or not. 029 2043 1555 dementiaadvocacy@ agecymru.org.uk

Mental Health

Advocacy West Wales -**Eiriolaeth Gorllewin** Cvmru

Support for anyone who is experiencing mental health issues. Also help for carers of people with mental health issues 01267 231122

Learning Difficulties

Carmarthenshire **People First**

Supporting individuals to represent and speak up for themselves. 01267 234635

Children, Young People **Parental Advocacy**

TGP Cymru

Independent professional advocacy for children/young people who are on the CP register, LAC, CIN or Care Leavers 0808 1682599

midandwestwales@trosgynnalplant.org.uk

Independent professional advocacy for parents who have child/children under 18 years in the child protection arena.

parentadvocacy@tgpcymru.org.uk

In addition to the services above, the MCA, MHA and SSWB Acts set out statutory rights to advocacy. If they apply, you may also choose from the services below.

IMHA

Are they sectioned under the mental health act, under guardianship or subject to a community treatment order or in hospital informally receiving treatment for their mental health?

If so, they have a legal right to an IMHA (Independent Mental Health Advocate)

AWW-EGC Advocacy West Wales -Eiriolaeth Gorllewin Cymru 01437 762935

imha@advocacywestwales.org.uk

IMCA

Do they lack capacity and have no appropriate family / friends to consult?

If not, are they facing serious medical treatment, a safeguarding concern or DoLS? Or does their RPR need support in their role?

If so, they have a legal right to an IMCA (Independent Mental Capacity Advocate)

> **ASC** Advocacy Support Cymru 02920 540444 info@ascymru.org.uk

IPA

Do they have social care needs?

If so, do they want support with care and support planning, assessment, review, or safeguarding?

If so they have a statutory right to an **IPA**. (Independent Professional Advocate)

3 CIPA

0800 2061387 info@cipawales.org.uk RPR

Are they subject to a DoLS?

If they do not have someone to represent them, they have a statutory right to an RPR Relevant Person's Representative.

MHM Mental Health Matters Wales

01656 649557 imca@mhmwales.org

West Wales Llais

Support for people who have a concern about any NHS or Social Care treatment they have received whether in the community or a hospital setting. 01646 697610 westwalesenquiries@llaiscymru.org